

IN THE CLAIMS:

1. (Currently Amended) An adjustable regulator insert ~~(2)~~ for valves ~~(1)~~, ~~in particular for controlling the liquid flow in a plant for central heating or air conditioning, said insert (2) comprising inflow openings (8) and outflow openings (9), wherein the outflow openings (9) are closed off in response to the a difference in pressure across the insert (2) under the influence of a spring (15) that seeks to keep the outflow openings (9) open, said insert (2) being furthermore provided with including means for adjustably closing off the inflow openings (8), characterised in that, wherein the insert (2) is configured such that a certain degree of adjustable closure of the inflow openings (8) entails a compression of the spring (15) which is inversely proportionate-proportional with the closure.~~
2. (Currently Amended) An insert according to claim 1, ~~characterised in that wherein the inflow openings (8) and the outflow openings (9) are configured in a cup-shaped part (7), and that the outflow openings (9) are closed off by a roller membrane (13).~~
3. (Currently Amended) An insert according to claim 2, ~~characterised in that wherein the closure of the inflow openings (8) takes place via an axially displaceable closure skirt (10); and that the one end of the spring (15) abuts against the closure skirt (10).~~

4. (Currently Amended) An insert according to claim 3, ~~characterised in that~~ wherein the axially displaceable closure skirt (10) is, via a thread, connected to a shaft (18) that extends out of the insert (2).

5. (Currently Amended) An insert according to ~~any one of claims 1-4,~~ claim 1, wherein the insert (2) ~~is provided with~~ includes an indicator element (21) that shows the degree of closure of the inflow openings (8).